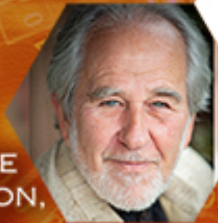


SMARTER, STRONGER, FASTER

Discover Why You Don't Need Technology
To Take A Giant Leap Forward In Human Development

featuring GREGG
BRADEN



BRUCE
H. LIPTON,
PH.D.



GREGG
BRADEN



LYNNE
MCTAGGART

Program Series Workbook

2 WAYS TO GET THE MOST FROM USING THIS WORKBOOK

1. PRINT this workbook and use it during the program series to stay fully engaged and take notes on the actions you want to implement quickly. (If you want to save some ink, don't print the first two pages.)
2. To maximize your time, at the end of each program decide on just one ACTION you plan to complete in the next 24 hours. Taking action right away will give you instant momentum to start seeing BIG results. Use the spaces below to take notes.

Program #1
Technology vs. True Power:
Tap into Your Innate Ability to Accomplish
Almost Anything and Change the World

with Bestselling Author, Scientist & Visionary
Gregg Braden

Takeaways and Notes:

Access new pathways to healing and creating optimal states of physical and emotional health

Use simple techniques that allow you to achieve advanced brain states that are the key to unlocking your superhuman potentials

Experience deep states of personal and non-local intuition at will

Trigger longevity enzymes inside your body that are directly linked to biological markers for aging

Understand what our ability to now access these hidden states of super-consciousness, super-learning and super-perception reveals about what lies ahead of us in our future

Program #2
**How Did We Get Here and Where Are We
Going? The Key to Personal Empowerment
and the Future of Human Civilization**

**with Bestselling Author and Biologist
Bruce H. Lipton, Ph.D.**

Takeaways and Notes:

Understand the full role consciousness, according to the principles of Quantum Physics, plays in shaping your life experiences

Free yourself from the limitations of 4 “myth-perceptions” that have misprogrammed civilization into believing we are “victims” of our heredity

Take control of your genetics, your health, and your life experiences by exerting influence over the signals sent to your mind by your consciousness, beliefs and emotions

Participate in the unfolding of the simple 2-step process that advances planetary evolution, as we complete the third cycle of an upward evolutionary spiral

Understand what the new emerging story of evolution means for your life and how to best use this newfound understanding to advance your own evolution and the evolution of our whole species

Program #3
What You Think is What You Get:
The Extraordinary Power of Your Thoughts to
Affect Everything Around You

With Bestselling Author, Scientist and
Spiritual Teacher
Lynne McTaggart

Takeaways and Notes:

Affect and alter matter — including your own body and mind — with your thoughts alone

Access more of your hidden ability to operate beyond your senses over any distance

Achieve superhuman potentials and deep states of healing through the power of group consciousness

Understand and learn from the extraordinary mirror effect created by group intention

Keep the power of your thoughts from causing damage to your own life and the lives of others
